

## Community Support Program (CSP) Services

Community Support Program (CSP) services are provided to adults with serious and persistent mental illness (SPMI). Services provided include: independent living skills, benefits assistance, vocational support, medication and symptom monitoring, outreach, housing assistance, crisis assistance, and psycho-social rehabilitation.

A critical component of HDC's services as a Certified Community Behavioral Health Clinic (CCBHC) is our obligation and commitment

to serve adults with serious mental illness regardless of their ability to pay for these services. With the help of the State of MN, HDC CSP is able to provide services to ensure proper and timely treatment and support.

### Available Locations:

Carlton, Lake, and St. Louis Counties



# HDC

Human Development Center  
Comprehensive Behavioral Healthcare

*Helping people find hope!*

Our mission is to foster hope, resilience, and recovery by providing integrated, culturally respectful mental health and addiction services.

#### HDC Main Office

1401 E First Street  
Duluth, MN 55805  
218.728.4491

#### St. Louis County Office

810 East 4th Street  
Duluth, MN 55805  
218.728.3931

#### Carlton County Office

40 11th Street  
Cloquet, MN 55720  
218.879.4559

#### Lake County Office

629 First Avenue  
Two Harbors, MN 55616  
218.834.5520



### Crisis Assistance

HDC partners with Birch Tree Center to provide 24-hour phone service to assist anyone in crisis after regular office hours. A crisis response team is available to respond on site when necessary and appropriate.

**Minnesota Crisis Number: 800.634.8775**



The Human Development Center is an Equal Opportunity/Affirmative Action Employer/LEP.

March 2021

## Community Support Program

ADULT SERVICES



*Here to help  
when you need it most.*



# HDC

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Visit our website at  
[www.humandevlopmentcenter.org](http://www.humandevlopmentcenter.org)



# COMMUNITY SUPPORT PROGRAM (CSP) SERVICES

## Case Management

Carlton, Lake, and St. Louis Counties contract with HDC to provide case management services to adults with serious mental health issues. Case managers work closely with individuals and families to help them access needed supports and services to maximize independence, mental health, and community integration.

### Available Locations:

Carlton, Lake, and St. Louis Counties



## Adult Rehabilitative Mental Health Services (ARMHS) Program

The Adult Rehabilitative Mental Health Services (ARMHS) program provides rehabilitation services to individuals so they can live independently in the community or gain skills in order to live independently. Services are provided to people who have a mental illness, have difficulty in their ability to live independently, and meet the medical necessity criteria for the service. Participants must be a recipient of or be eligible for Minnesota's Medical Assistance (MA), MedicaUBH, or UCare.

### Available Locations:

Carlton, Lake, and St. Louis Counties

## Assertive Community Treatment (ACT) Program

St. Louis County Human Services collaborates with several Duluth-area providers, including HDC, to provide Assertive Community Treatment (ACT) services in the Duluth area. A multi disciplinary team that includes mental health and chemical dependency

staff, nurses and psychiatrists, and vocational specialists, provides community and in home supportive services up to 7 days a week to enable adults with the most serious mental health issues to live independently in the community. There are two ACT teams in Duluth: one serving ages 18-25 and the other serving individuals ages 26 and older.

### Available Locations:

Carlton and St. Louis Counties

## Employment Connection

HDC's Employment Connection (EC) believes that "work is therapy" and all persons have the capacity to be productive members of their community, given the necessary supports. EC staff connects with employers to identify job opportunities and provides supportive services such as developing interview skills, resumes, and cover letters. After job placement, job support is ongoing and offered as long as the client, the employer, and the EC staff agree that it is beneficial to maintaining a good working relationship. These supports include strategies for self-care and resources that promote good mental health. IPS (Individualized Placement and Support) is a



proven method of employment service that is three times more effective than any other service. People who obtain employment through IPS have increased income, improved self-esteem, improved quality of life, and reduced symptoms. IPS is

offered in conjunction with traditional employment services at HDC. Call 218.728.3931 with referral or program questions.

### Available Locations:

Carlton, Lake, and St. Louis Counties

## Homeless Project

HDC believes that homelessness is not a choice, and that given the opportunity for safe, affordable housing, everyone prefers a permanent place to live. HDC's Homeless Project serves individuals in Duluth who are homeless and have a mental illness. Many of those served also have health problems and substance abuse issues. The Homeless Project provides community outreach to locate homeless persons and assist them to obtain and keep permanent housing. The program also provides case management, employment assistance, transportation, benefits assistance, and crisis intervention.



### Available Locations:

St. Louis County

## Drop-In Centers

HDC and its community partners provide a place for community members to gather for support, recreation, and socialization. The focus of these programs is to be a supportive community resource for people experiencing serious mental illness. Call for more information and hours of operation:

- Harmony Club - Duluth: 218.623.5707
- Outreach Center - Cloquet: 218.879.0303
- Waterfront Center - Two Harbors: 218.595.1067

For more information or to make a referral for yourself or a client, call your local HDC office

- Carlton County- Cloquet: 218.879.4559 / 888.877.0568
- Lake County- Two Harbors: 218.834.5520 / 888.412.9765

- So. St. Louis County- Duluth: 218.728.3931 / 888.412.9764